

APCO

MEMBER CHAPTER SERVICES Committee

Member Chapter Services Monthly Poll

This month's poll will be focused on TRAINING. We request a member from each Chapter to PLEASE participate in answering our poll questions. It will only take a few minutes and the results will be shown in next month's newsletter.

<https://www.surveymonkey.com/r/MCSC1022Training>

Inside This Issue

Membership Information	2
Silent Key.....	2
APCO News.....	3
Commercial Corner.....	3
Health & Wellness	4
Historical Committee.....	5
PDEC.....	7
ATPC.....	7
WA State Conference	8
Nobility of Your Career	10
MCSC Monthly Survey Results....	11
Upcoming Conference.....	14
MCSC Members.....	15



Membership Information

Member Type	10/1/2021	10/1/2022
Associate Members	2,668	2,406
Full Members	4,483	4,290
Full Group Members	8,231	8,437
Online Group Members	19,973	20,367
Commercial Members	503	467
Commercial Group Members	317	315
Total Number of Members	36,175	36,282
Total Number of Group Agencies	1,358	1,487
Commercial Groups	55	54

SILENT KEY

Bob Marz
Utah Chapter

We have learned that
Bob Marz passed away
On October 5th, 2022

For more information, his Silent Key can be found here:

<https://psc.apointl.org/2022/10/07/silent-key-bob-marz/>



APCO News

APCO 2023 Call for Speakers Is Now Open

You could be the next big thing! We are looking for innovative, engaging, inspiring and informative individuals to speak at [APCO 2023](#), taking place August 6-9 in Nashville, Tennessee. Submit your application for a one-hour presentation in one of our ten professional development tracks. If selected, you will receive a full complimentary registration to the conference. *The deadline to submit is December 14 at 11:59 p.m. ET.*

For more information or to submit, visit www.apco2023.org/education/call-for-speakers

October Is Cybersecurity Awareness Month

In honor of October being cybersecurity awareness month, we have created short videos with cybersecurity tips and useful information. Additional resources related to each week's topic follow the videos.

View the videos here www.apcointl.org/technology/cybersecurity/cybersecurity-videos

Commercial Corner

CAC Highlight Video Introduction:

The Commercial Advisory Council (CAC) is excited to share this highlight video showcasing the success of the Commercial Advisory Member's (CCAM), partnership between its members and commercial Industry Partners. The focus of this highlight video demonstrates how the role of the CCAM is established to help promote open communication, synergy, trust and to create a win-win relationship between the Public Safety Community and the Industry Partners. The CAC will be sharing more information in the future on how to help strengthen your CCAM program at the Chapter level.

APCO Atlantic CCAM Video:

The Commercial Advisory Council (CAC) is excited to share this video showcasing the success of the APCO Atlantic Chapters, Commercial Advisory Member's (CCAM), partnership between its members and commercial Industry Partners. One of the several initiatives discussed in this video is the APCO Atlantic annual conference which helps the commercial members and public safety community members build a deeper relationship.

Atlantic Chapter CCAM Video: <https://www.youtube.com/watch?v=ldgPFUlaeHU>

Produced by Derek Dugas with Systema Corporation.

Submitted by:

Diva Miranda Jones, MCSC Commercial Member



Health & Wellness Committee

Is Sleep Overrated?

About 5 years ago, I drove to pick up my teenaged daughter up from school. There I sat, in a long line of cars, my jeep idling (I live in Arizona and it's too hot to turn it off). I had just worked a 14 hour shift and had been awake for a total of 22 hours, so I leaned my head back and closed my eyes for a minute. I awoke to my daughter banging on my window, a look of embarrassment on her face. I looked around and every single car in the parking lot was gone. She got in the car and I drove the short drive home, realizing that I had fallen into a nearly coma-like sleep for about 45 minutes. I didn't hear the cars honking at me to move, or the commotion from the kids leaving school. I came to the hard realization that I desperately needed to prioritize my sleep.

Aside from dealing with life and death emergencies, something nearly all first responders have in common is a sleep deficiency. How many times have you said "I'll sleep when I'm dead" or "sleep is overrated"? I'll even venture to say that many of you can admit that you have been awake 24 hours or longer more than once in your career.

The Importance of Sleep

Not getting enough sleep can affect one's judgement and put them at risk for accident or injury. Chronic sleep deprivation can increase the risk of health issues. Over time, continued lack of sleep can disrupt your circadian rhythm, the body's natural rise of cortisol in the early hours, and melatonin in the evening. Being deprived of sleep can cause you to eat more and crave sugary or caffeinated foods and drinks, since sugar and caffeine both provide a quick burst of energy (then subsequent crash). Over time, overeating, too much sugar, and lack of sleep, can lead to obesity, diabetes, heart problems, and other metabolic issues. Our body also uses its time at rest to repair itself.

Being over tired can impair cognition and you may find yourself having microsleeps, where you doze for a few seconds and most of the time don't realize it. More recent research has shown that when you sleep, the flow of cerebrospinal fluid in the brain increases, washing away harmful waste that could be linked to brain disease. As you can see, sleep is an incredibly important function for our bodies and minds, and sleep is definitely not overrated!

By: Amy Kubasak

Phoenix Police Communications
Police Communications Manager



Historical Committee

A BRIEF HISTORY OF EMERGENCY MEDICAL SERVICE!

Emergency care in the field has been rendered in different forms since the beginning of recorded history. The New Testament contains the parable of the Good Samaritan. During the Middle Ages, the Knights Hospitaller were known for rendering assistance to wounded soldiers in the battlefield. The first use of the ambulance as a specialized vehicle came about with the *ambulances volantes* designed by Dominique Jean Larrey (1766–1842), Napoleon Bonaparte's chief physician during the Napoleonic wars.

EMS in America can be traced back to the Civil War era. All military personnel had to be examined by medical officers to qualify for duty. Also, ambulances were assigned based on the size of the regiment. Each ambulance team was trained in patient care to better take care of the soldiers. The first known hospital-based ambulance service operated out of Commercial Hospital, Cincinnati, Ohio (now Cincinnati General) in 1865. This was soon followed by other services, notably the New York service provided out of Bellevue Hospital which started in 1869. Hospital interns rode in horse drawn carriages designed specifically for transporting the sick and injured. They carried medical equipment, such as splints, a stomach pump, morphine, and brandy, reflecting contemporary medicine. New York City advertised a 30 second response time and provided an Ambulance Surgeon and a quart of brandy for their patients!

During World War I, signal boxes were used by injured soldiers to assist medical teams in locating them in the field of battle. Medical teams also used electric, steam, and gasoline powered carriages for transporting the injured. It was also the first war to utilize traction, splints and other medical equipment. After the war, civilian ambulances carrying surgeons were equipped with radio dispatchers to better serve the community.

The transition to what we know as the modern-day EMS started during the 1950's as an off shoot of 5 different types of businesses: towing operators, medical equipment companies, funeral homes, hospitals, and police/ fire departments. After many years of being unregulated, funeral homes began patient care and provided nearly half of the country's ambulances.

In 1960 John F. Kennedy declared that, "Traffic accidents constitute one of the greatest, perhaps the greatest, of the nation's public health problems". Then in 1966 Lyndon B. Johnson and the President's Commission on Highway Safety/National Academy of Sciences declared the carnage "the neglected disease of modern society."

In the late 1960s, Dr. R Adams Cowley was instrumental in the creation of the country's first statewide EMS program, in Maryland. A landmark in the development of the emergency medical services system was the publication of *Accidental Death and Disability: The Neglected Disease of Modern Society*, more commonly known as *The White Paper*.

The report led to the design and implementation of the first federally qualified ambulance services and personnel. The reforms inaugurated by the publication of "*The White Paper*" led to higher

Historical Committee (continued)

quality care provided on-scene and in-transit by trained paramedics and EMTs.

As a result, Congress passed the Highway Safety Act of 1966, which established the National Highway Traffic Safety Administration (NHTSA) within the Department of Transportation. Because motor vehicle crash injuries constituted a substantial proportion of the EMS patient load, NHTSA was charged with improving EMS systems by administering grants for ambulance purchases, communications systems, and training programs, also with supporting other traffic related system improvements. NHTSA furthered its role in the advancement of pre-hospital care by developing national standard curricula for the education of EMS personnel and by lending its foresight, leadership, and commitment to the development of EMS systems.

It also recommended the creation of a national certification agency to establish uniform standards for training and examination of personnel active in the delivery of emergency ambulance service. This resulted in the appointment of a task force by the American Medical Association's Commission on EMS to study the feasibility of a National Registry for EMTs. The Task Force was headed by Oscar P. Hampton, Jr., M.D., a physician recognized for his pioneering work with the American College of Surgeons' Committee on Trauma. The result of this recommendation was the inception of the National Registry of Emergency Medical Technicians (NREMT) in 1970.

1973 brought about the EMS Systems Act. The DHEW established 300 EMS systems throughout the country. The Department of Transportation adapted training curricula for EMT, EMT P, and first responder. Public Law 93-154 established new rules for EMS radio communications. General Services Administration also introduced ambulance specifications.

The next step came in 1981 with the Consolidated Omnibus Budget Reconciliation Act which consolidated funding into state preventive health block grants, eliminated funding under the EMSS Act, reducing compliance with federal guidelines, and lastly, abolishing the federal lead agency.

In 1996 the EMS Agenda for the Future was drafted, which further connected the EMS with the other medical professions. That same year the *EMS Education Agenda for the Future* was drafted, which provided recommendations for Core content, Scope of practice and Certification of EMS professionals.

The fiction of TV's "Emergency" paled before the action of real-life EMS professionals as they lived the spontaneous script of the streets. With every run made, EMS professionals added to their reputation as respected members of the medical community. Death and disability statistics felt the impact, and the gratitude of those served by quality care was boundless. The genesis of Emergency Medical Services evolved from the "You call, we haul" or "Snatch 'em and patch 'em" approach to today's systematic response.

Pre-hospital emergency medical care has continually evolved and improved. The EMT has been acknowledged as a bonafide member of the health care team. Excellent training programs have

Historical Committee (continued)

been developed and a vital focus has been placed on continuing education. National standards have been established. Ambulance equipment essentials have been set. National accreditation of paramedic programs has been achieved, and professional associations for the EMT have been organized.

The NREMT, among others, has helped to establish, implement, and maintain uniform requirements for the certification and recertification of emergency medical technicians. The NREMT has also been involved in numerous national projects and its staff participates on major national committees, playing an active part in the ever-continuing process of improving standards of emergency medical services.

APCO
Historical
Committee

Sources:
APCO History web site
NREMT web site

PDEC

Call for papers for APCO 2023 is now open and will remain open until December 14th. Please encourage others to submit presentations.

Submitted by: Jeanie Pharis

ATPC

Our review teams have been assigned for the committee year, and we already have three initial application reviews underway. We would like to recognize Teresa Parker who presented fantastic training to the committee on Subjective v Objective comments.

Submitted by: Sheryl Stephenson

Washington Chapter Conference

Washington State APCO-NENA
Public Safety Communications Conference – 2022



What an amazing Welcome Back Conference we had in Washington the first week of October. We had about 150 attendees and 50 vendor booths.

We kicked it off with a pre-conference PSAP Directors meeting, Chapter Meeting, Chapter Dinner, and Cornhole Tournament. Shout out to Kenny Solberg at SREC, we used his t-shirt design submittal to create a custom cornhole board set as the award for the winning team. What fun!



Day one we had a great welcome back breakfast and enjoyed a group trivia contest. Each day of conference we had a 50/50 raffle drawing and were able to boost our Sunshine Fund with the Chapter's split, totaling just over \$1,500. We also held our annual PSAP Basket silent auction where we raised over \$2,000 for our Sunshine Fund!



Our Vendors and our Conference Sponsors make our conference amazing! We had great success on the vendor floor with attendees spending quality time there during the Vendor floor opening & reception, dedicated vendor time and lunch served on the floor.



We had a photo booth area and challenged attendees to send their pictures to our committee. We will use these pictures to help fill our 2023 Chapter Wall Calendar!



Washington Chapter Conference *Continued*



The conference highlight is our Awards Banquet. Award winners receive complimentary conference tickets and hotel rooms so they can attend conference and receive their much-deserved awards in person. This year the Chapter also recognized four State Legislators with the 911 Legislative Champion Award. These Legislators were instrumental in the passing of legislation that set up PST Training & Certification requirements and acknowledged these heroes as first responders!



All our Chapter activities are made possible by our committee volunteers and Chapter leadership.

Conference Registration Team Rocks!



Submitted By:
Katy Myers, WA APCO NENA President
NORCOM

Nobility of Your Career

Franklin Covey provides a training course called “The Nobility of Policing,” (1*) in which they call policing the Guardians of Our Democracy. I agree, but also consider your choice to take a job in Public Safety Communications of equal importance and that you will be held to a higher standard. Your choice is a commitment to serve your community, your agencies that you provide communications for, and your fellow coworkers.

Shirley Chisolm stated “Service is the rent we pay for the privilege of living on this planet.” Taking this to heart, your career is one of service.

In addition to the service given to your agency, many of you commit to bettering yourself and your fellow coworkers through service given to APCO (Association of Public-Safety Communications Officials International) both at the local chapter level and at the international level. APCO acknowledges this service by providing two levels of recognition. Senior Member and Life Member, which is the highest membership honor bestowed by APCO. To earn the award of Life Member you must either complete a term as President of APCO International, or complete at least 15 continuous years of membership and complete five major accomplishments for APCO International. It is up to your local chapter and yourself to track your achievements and to submit the application.

Since APCO was formed in 1935 there have been 219 Life Member Awards made, 86 of which have been past Presidents. There are currently 128 living Life Members. At the Convention in Anaheim this past August there were no Life Member Awards made. In future columns I will outline the process to earn each award.

Submitted by: Charles Venske, MCSC member

(1*) <https://resources.franklincovey.com/mkt-avv1/the-nobility=of-policing>

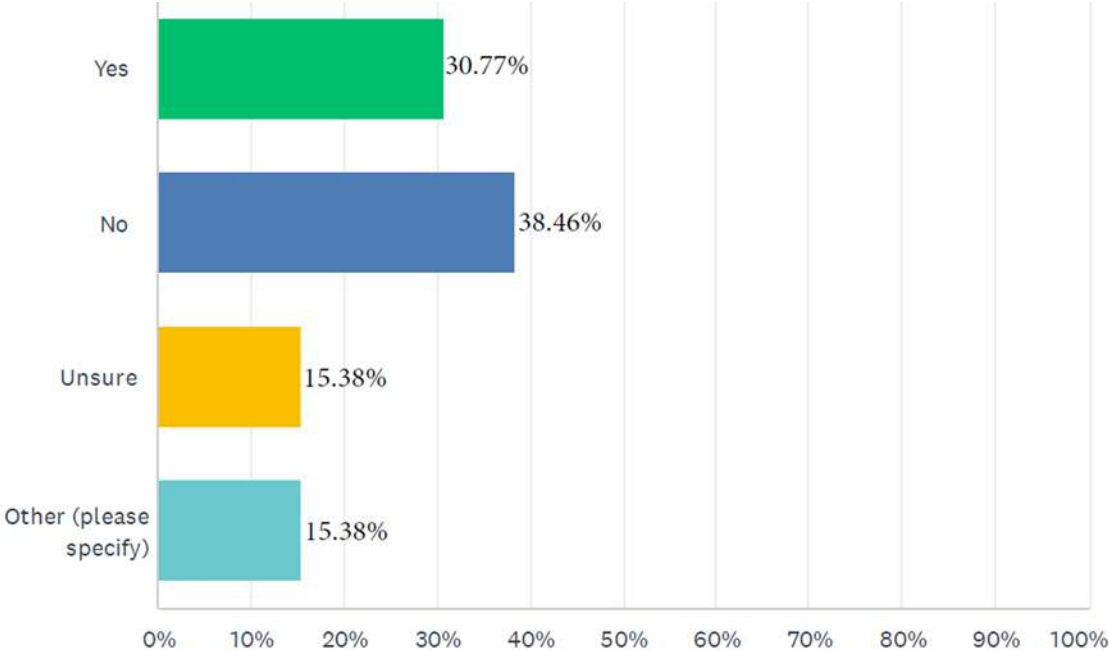


MCSC Monthly Survey Results

In October’s Member & Chapter Services Committee survey, we focused on Membership. We received 26 responses from 18 Chapters. The Chapters that responded were:

Alaska	Alabama	Atlantic
Georgia	Idaho	Indiana
Kansas	Kentucky	Louisiana
Michigan	Missouri	Montana
Oregon	Tennessee	Virginia
Washington	West Virginia	Wyoming

We asked you, “Does your Chapter have an active plan for increasing membership?” All respondents answered, with 8 (eight) saying “Yes”, 10 (ten) saying “No”, 4 (four) who were unsure, and 4 (four) answering with “Other”. Those responding as other included a Chapter where the President is responsible for keeping records, and a Chapter who has added an historical committee, but it isn’t set up yet.



MCSC Monthly Survey Results *(continued)*

In question #2, we asked, “Which of the below does your Chapter use to increase membership?” All* respondents answered, summarized below.

- Advertising the Chapter at state conferences (13 responses)
- Advertising the Chapter at training events (9 responses)
- Advertising the Chapter at conferences for other organizations (7 responses)
- Agency Visits (4 responses)
- Email blasts (11 responses)
- Word of mouth (20 responses)
- None of the above (3 responses)
- Other (5 responses)
 - ◊ 9-1-1 Board
 - ◊ Academies
 - ◊ Social Media

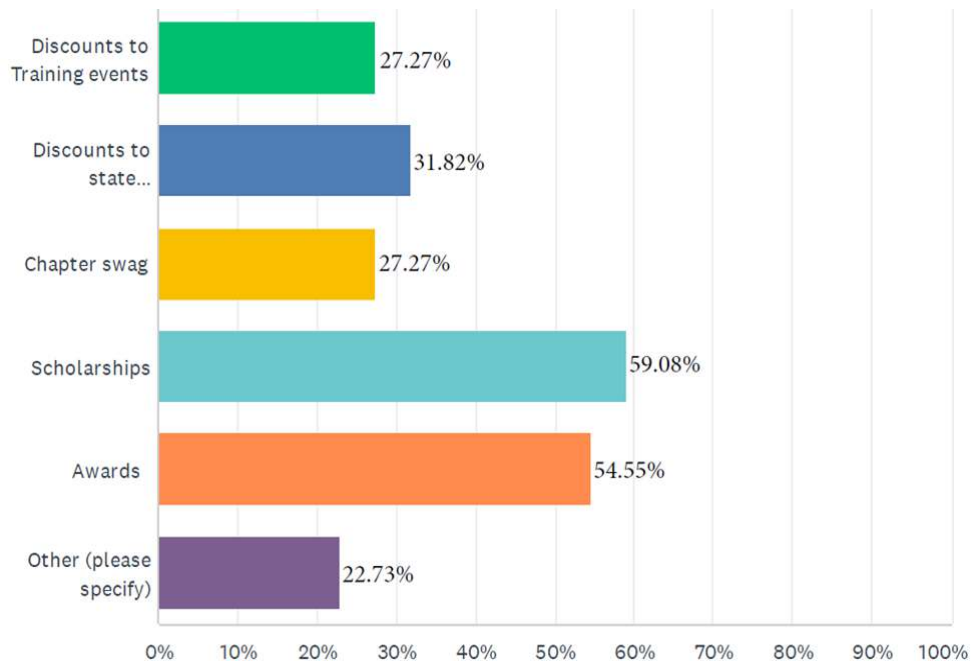
*Some responses fell into multiple categories

Question #3 asked, “What kind of incentives does your Chapter offer for becoming a member?” 22* respondents answered, with 4 (four) skipping the question. Responses are summarized as follows:

- Awards (12 responses)
- Chapter swag (6 responses)
- Discounts to state conferences (7 responses)
- Discounts to training events (6 responses)
- Scholarships (13 responses)
- Other (5 responses)
 - ◊ Contests/games
 - ◊ Free training
 - ◊ Networking opportunities
 - ◊

*Some responses fell into multiple categories

MCSC Monthly Survey Results *(continued)*



In question #4 we asked, “Does your Chapter reach out to new members to provide information on the Chapter personalized to the member?” All responded.

- Yes (8 responses)
- No (10 responses)
- Unsure (6 responses)
- Other (2 responses)
 - ◊ Attempting to do so

Question #5 asked, “What activities are new members encouraged to engage in?” All* respondents answered. Responses are summarized as follows:

- Attend Chapter events (18 responses)
- Attend training events (19 responses)
- Participate in Chapter events (16 responses)
- Participate in committees (19 responses)
- Volunteer (17 responses)
- Unsure (2 responses)
- Other (1 response)
 - ◊ Submitting recognition

*Some responses fell into multiple categories



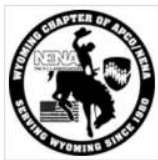
MCSC Monthly Survey Results (continued)

In question #6 we asked, "Does your Chapter do anything unique to acquire or welcome new members?" 13 responded, with 13 not providing a response. Responses are summarized as follows:

- Yes (7 responses)
 - ◇ Card/Letter from the Chapter
 - ◇ Email from the Chapter to participate in monthly meetings
 - ◇ New member orientation to meet board, committee chairs, and present opportunities at conference or academy
 - ◇ Scavenger hunt at conference
 - ◇ Working on new ideas
- No (5 responses)
- Unsure (1 response)

Thank you to those who responded to this survey. We appreciate your time and the detail you provided, as this will help the Member & Chapter Services Committee to better assist you and your Chapters. This month's survey will be focused on Training. Please visit <https://www.surveymonkey.com/r/MCSC1022Training>

Upcoming Conferences



Wyoming APCO/NENA 21st Annual Conference

SAVE THE DATE!!!

November 13-16, 2022

Agenda & Registration Information Coming Soon!



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